

Join Tamarac's highly successful medical weight loss program and discover the New You!



NewYou is an effective program to help you to achieve significant weight loss and realize long term health.

**Learn more at our informational meeting
Tuesday, June 14, 2011 at 5:30 p.m.**

Tamarac, The Center for Health and Well-Being
1401 W. Main Street, Fremont

Here's what New You will do for you:

- Help you lose an average of two to four pounds per week
- Provide a medically supervised program using Health One™ meal replacements
- Provide weekly education and support sessions with a health coach
- Develop specific strategies for lifelong health and weight management

Call 231.924.3073 for more information.