

# Treatment for Acne at Ahhh

We're pleased to offer a revolutionary new approach for adult and teen acne sufferers. Research has shown our laser service to be a safe and effective treatment for acne on the face, chest, or back.

## What are the benefits?

Laser acne treatments offer a zero-downtime approach to help clear lesions and reduce the severity of future breakouts. Work or school can be resumed immediately following treatment—the only side effect will be slight facial redness. Laser treatments do not have the side effects observed with oral and topical treatments. Laser treatments do not induce prolonged dryness, severe redness, or depression.

## How does it work?

A professional will first analyze your skin condition and help you select the most effective treatment. He or she will inform you of the procedure, timing and possible side effects.

## When will you see results?

Effects are cumulative. After the first treatment, improvements may be observed. The number of lesions and severity of breakouts should subside over the course of treatment and beyond. Some patients continue to improve two months after their last treatment.

## How often can you have it done?

The typical course of treatment is over a two week period, two treatments per week. However, your doctor might recommend a different treatment schedule. Each treatment takes approximately 30 to 60 minutes.

## Are there any side effects?

Immediately following the procedure you may experience some redness and slight swelling. The redness and swelling usually go away within one to three days. If necessary, makeup can be applied to the treated area immediately. It is extremely important to apply a moisturizer with a SPF 45 sun block and avoid sun exposure on a daily basis to prevent sun damage.

## How much does it cost?

Cost of acne treatments: package of six costs \$500. All acne treatment packages include pre- and post-skin care products.

All consultations and treatments will be given by James Patenge, DO, OB/GYN, and/or aesthetician-laserscope certified technicians.

## Pre-Treatment Instructions

- Do not tan for four weeks prior to treatment.
- Apply SPF 45 or higher sun block to treatment area every day for four weeks prior to treatment.
- Discontinue all Retin-A, Renova, glycolic acids, topical vitamin c products, and anything else which can be irritating, for three days before treatment.
- Inform us if you have taken Accutane within the past year or tetracycline in the last month.
- Inform us of any changes in medical history since your last visit.
- Inform us if you have had chemical peels, dermabrasion, laser resurfacing or a face lift since your last visit.
- Remove makeup, cleanse and completely dry the area to be treated prior to treatment.



