

TREATMENT FOR ACNE AT *Ahhh*

We're pleased to offer a revolutionary new approach for adult and teen acne sufferers. New research has shown our laser service is a safe and effective treatment for acne on the face, chest, or back.

What are the benefits?

Laser acne treatments offer a 0-downtime approach to help clear lesions and reduce the severity of future breakouts. Work or school can be resumed immediately following treatment—the only side effect will be slight facial redness. Laser treatments do not have the side effects observed with oral and topical treatments. Laser treatments **DO NOT** induce prolonged dryness, severe redness, or depression.

How does it work?

A professional will first analyze your skin condition and help you select the most effective treatment. She will inform you of the procedure, timing and possible side-effects.

When will you see results?

Effects are cumulative. After the first treatment, improvements may be observed. The number of lesions and severity of breakouts should subside over the course of treatment and beyond. Some patients continue to improve two months after their last treatment.

How often can you have it done?

The typical course of treatment is over a two (2) week period, two (2) treatments per week. However, your doctor might recommend a different treatment schedule. Each treatment takes approximately 30-60 minutes.

Are there any side effects?

Immediately following the procedure you may experience some redness and slight swelling. The redness and swelling usually go away within one (1) to three (3) days. If necessary, makeup can be applied to the treated area immediately. It is extremely important to apply a moisturizer with a SPF 45 sun block and avoid sun exposure on a daily basis to prevent sun damage.

How much does it cost?

Cost of acne treatments: package of six (6) - \$500. All acne treatment packages include pre- and post-skin care products.

All consultations and treatments will be given by James Patenge, DO, Gerber Memorial OB/GYN and/or Aesthetician-Laserscope Certified Technicians.

Pre-Treatment Instructions

- * **DO NOT** tan for four (4) week prior to treatment.
- * Apply SPF 45 or higher sun block to treatment area everyday for four weeks prior to treatment.
- * Discontinue all Retin-A, Renova, Glycolic Acids, topical Vitamin C products, and anything else which can be irritating, for three (3) days before treatment.
- * Inform us if you have taken Accutane within the past year or tetracycline in the last month.
- * Inform us of any changes in medical history since your last visit.
- * Inform us if you have had chemical peels, dermabrasion, laser resurfacing or a face lift since your last visit.
- * Remove makeup, cleanse and completely dry the area to be treated prior to treatment.



Post-Treatment Instructions

- * Cool compresses can be used, if needed, to decrease redness or swelling.
- * Wash area twice a day with a gentle cleanser, cool or tepid water, using your hands only. Pat dry.
- * A moisturizer containing SPF 45 sun-block or higher should be applied daily and re-applied during the day if necessary.
- * Avoid unnecessary sun exposure.
- * Use of Retin-A, Renova, Glycolic Acids, topical Vitamin C products, and any other potential irritants - per physician discretion - may be started after all irritation from the procedure is gone.
- * Call us at the first sign of persistent pain or blistering.
- * **DO NOT** take hot showers, baths, or saunas for 48 hours after treatment.
- * Continue use of antiviral medication as prescribed.
- * Apply recommended acne washes/topical per physician's direction.

Post-Treatment Expectations

Expect some redness and swelling that may last from a few hours to a couple of days.

All treatments and/or packages must be paid for in full prior to first treatment..

GMHS Mission:
To provide competent, compassionate, community health care.

GMHS Vision:
To be the source of renewal in sickness and in health.



Located inside Tamarac
The Center for Health and Wellbeing

1401 W. Main St. Fremont MI 49412
231.924.7800

GERBER MEMORIAL
HEALTH SERVICES



Treatment for Acne



231.924.7800