

Treatment for Hair Removal at Ahhh

Safe and Effective Treatments

Ahhh, The Spa at Tamarac uses the most advanced, FDA-cleared, laser technology for permanent hair reduction. This technology safely and effectively treats all ethnic skin types, including skin that has been tanned.

Treatments that really work

Laser energy is absorbed by the pigment in the hair follicle while hair is in its anagen, or active, phase of growth. The laser light is converted into heat, causing thermal damage to the follicle without harming the surrounding tissue. Hair re-growth is impeded in the damaged follicle.

Average Treatment Series

Only 30% or less of your hair may be in the “active phase” at any one time, depending on the body area. A series of treatments will be required to achieve the long-term improvement desired. These treatments are spaced approximately four to 12 weeks apart, based on hair growth cycles. Extensive experience indicates you can expect from three to eight treatments for each area treated, to achieve long-lasting optimal results.



How Permanent is hair removal?

The average patient experiences a 48% reduction in hair growth after three treatments and up to an 80% lasting reduction after six to eight treatments (results will vary). After completing a series of four to six treatments, any remaining hair will usually be finer and lighter in color. Most patients require one or two touch-up treatments per year. Blonde, platinum, most red, grey and vellus hair may not respond to this treatment.

Pre-Treatment Instructions

- Apply SPF 4 sun block to treatment areas that are exposed to the sun. Results may be improved by limiting exposure to the sun, tanning beds, or tanning lotions for four weeks prior to treatment.
- Inform us if you have taken Accutane within the past year, or Tetracycline in the last month, or plan to begin taking either.
- Inform us of any changes in medical history since your last visit.
- Call us 48 hours prior to your next appointment if no hair re-growth is visible in treatment area.
- Shave the area to be treated within 12 hours of the treatment. (We can shave and prep the area at a regular hourly rate; however, you must schedule additional time for prep with the front desk.)
- Do not wax, tweeze or have electrolysis for four weeks prior to treatment.

- Do not use Retin-A or Glycolic for three days prior to treatment.
- Do not use hair removal lotions or hair bleach for four weeks prior to treatment.
- You may need to bring a change of undergarments depending on the area being treated.



Post-Treatment Instructions

- Apply SPF 45 sun block on all areas that may be exposed to the sun.
- Shaving or using clippers are the only acceptable methods of hair removal between treatments.
- Treatment areas should be gently washed twice a day with lukewarm water and mild soap.
- Do not expose the treated area to sun for prolonged periods during the week following treatment.
- Do not use Retin-A or Glycolic for five days post-treatment.

Ahhh

The **Spa** at Tamarac

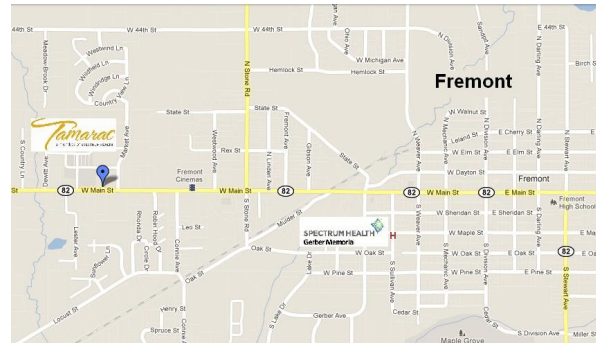
Treatment for Unwanted Hair Removal



231.924.7800

SHGM Mission:
To improve the health of the
communities we serve.

SHGM Vision:
By 2020, Spectrum Health will
be the national leader for health.



Ahhh

The **Spa** at Tamarac

Located inside Tamarac
The Center for Health and Wellbeing

1401 W. Main Street
Fremont MI 49412
231.924.7800

Post-Treatment Expectations

- Hair loss will be most evident 10 days to two weeks after treatment. After your treatment you may expect a mild sunburn sensation that typically lasts two to three hours; and redness and swelling that may last one day.
- Six to eight treatments or more may be needed for maximum hair reduction.
- Please call us at the first sign of persistent pain or blistering.

Typical Treatment Sessions

Sessions for upper lip or small bikini area may take as little as 15 minutes, while larger areas on back and legs may require up to 60 minutes or more.

Pricing

Cost of hair removal will vary depending on location and size of area to be treated. Treatments start at \$75 per session. For more exact pricing and plan options call, 231.924.7800.

All treatments and/or packages must be paid for in full prior to first treatment.

Providers

All consultations and treatments will be given by aesthetician-laserscope certified technicians.

No children are allowed in the treatment room. Children must be accompanied by an adult in the waiting area.