

Treatment for Skin Rejuvenation at Ahhh

We're pleased to offer enhanced skin rejuvenation, a revolutionary skin treatment using multiple laser wavelengths to eliminate and reduce pigmentation, broken capillaries and, wrinkles and improve facial toning. It is most often performed on the face and neck, but the chest, hands, arms, and legs can be treated as well.

What are the benefits?

Enhanced skin rejuvenation is ideal for eliminating a variety of problems including:

- Broken capillaries
- Pigmentation variances
- Freckles
- Age/sun spots
- Large Pores
- Wrinkles
- Rosacea

How does it work?

Laser light is absorbed by pigmented areas where it is converted to heat, causing a breakup in the pigment. In broken capillaries and spider veins, the laser energy is absorbed by the pigment in the blood and collapses the unwanted vein. For wrinkles and skin toning, the laser stimulates collagen growth. Our certified cosmetic laser professionals will help you select the most effective treatment for your skin care needs.

When will you see results?

Effects are cumulative. After the first treatment you will see improvements in broken capillaries, small facial veins, and some pigmented areas within a few days. Other improvements such as wrinkle reduction and toning will be more subtle and may take one to three months. With each subsequent treatment, subtle changes will accumulate until you have achieved the improvement you desire.

How long does it take?

Most treatments take 30 to 60 minutes, depending on the type of treatment and the size of the area being treated.

How often can you have it done?

A series of three to six treatments, spaced two to four weeks apart, is the standard. Occasionally, more treatments may be needed for certain individuals or conditions. Periodic maintenance treatments may be prescribed for optimal, lasting results.

How much does it cost?

Treatments start at \$75 per session, depending on type of treatment and size or area being treated. With the purchase of a skin rejuvenation package you'll receive skin care products only available through a physician. For more exact pricing and plan options call 231.924.7800 for a free consultation.



Pre-Treatment Instructions

- Do not tan for four weeks prior to treatment.
- Apply SPF 45 or higher sun block to treatment area everyday for four weeks prior to treatment.
- Discontinue all Retin-A, Renova, glycolic acids, topical vitamin C products, and anything else which can be irritating, for three days before treatment.
- Inform us if you have taken Accutane within the past year or tetracycline in the last month.
- Inform us of any changes in medical history since your last visit.
- Inform us if you have had chemical peels, dermabrasion, laser resurfacing or a face lift since your last visit.

All consultations and treatments will be given by James Patenge, DO, OB/GYN, and/or aesthetician-laserscope certified technicians.

All treatments and/or packages must be paid for in full prior to first treatment.

Post-Treatment Instructions

- Cool compresses can be used, if needed, to decrease redness or swelling.
- Wash area twice a day with a gentle cleanser, cool or tepid water, using your hands only. Pat dry.
- A moisturizer containing SPF 30 sun block or higher should be applied daily and re-applied during the day if necessary for at least one to two months.
- Avoid unnecessary sun exposure.
- Use of Retin-A, Renova, glycolic acids, topical vitamin C products, and any other potential irritants may be started after all irritation from the procedure is gone.
- Call us at the first sign of persistent pain or blistering.
- Do not take hot showers, baths, or saunas for 48 hours after treatment.
- Do not exercise vigorously for 48 hours after treatment.

Post-Treatment Expectations

- Some redness and swelling that may last a few hours up to a couple of days.
- Peeling to occur for up to one week.
- Slight darkening of pigmented areas.
- Impaired hair growth in the treated area, although it is not the intended purpose of this particular treatment.
- Another five to six treatments may be needed for maximum effect, based one month apart.

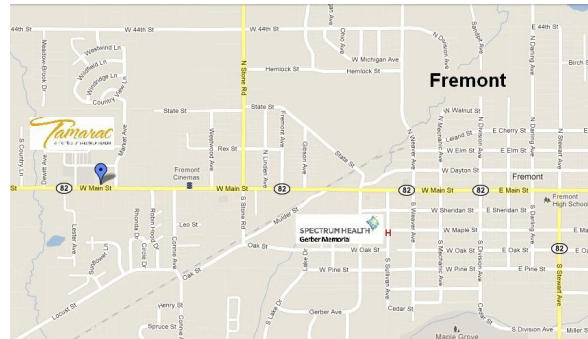
No children are allowed in the treatment room. Children must be accompanied by an adult in the waiting area.

SHGM Mission:

To improve the health of the communities we serve.

SHGM Vision:

By 2020, Spectrum Health will be the national leader for health.



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The **Spa** at Tamarac

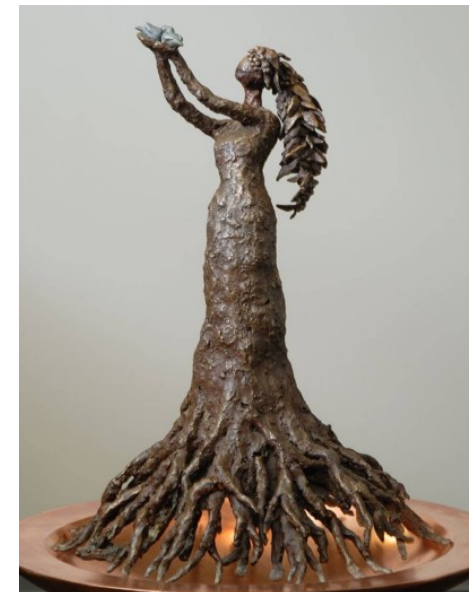
Located inside Tamarac
The Center for Health and Well-being

1401 W. Main Street
Fremont MI 49412
231.924.7800

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