

Permanent Makeup Care Instructions

What you should do . . .

Before your procedure:

- Have a patch test done to make sure you are not allergic to any products used.
- You may wish to purchase Benadryl to help reduce swelling and can take the manufacturer's recommended dose 30 minutes before your procedure. If possible, gently remove makeup from eye/eyebrow area before arrival.
- For an Eyeliner Procedure: If you wear contacts, be sure to remove them and bring your glasses with you. You will be able to reinsert your contacts as soon as swelling allows you to do so.

The Day of the Procedure:

To reduce swelling and help healing: Ask the technician to apply BioQuick at least five minutes before you leave the facility. BioQuick is a topical anesthetic and will significantly reduce swelling. Use a triple antibiotic ointment as an aftercare anti-oxidant every 20 to 30 minutes, keeping the area moist. It provides pain relief, moisturizes and helps retain color of the pigmented area on eyebrows and eyeliner. Apply clean ice to the area and repeat as needed. (Put sterilized Vaseline on the area and place gauze between the area and ice.)

For 4-6 weeks after the Procedure:

- To prevent infection: Use the antibiotic ointment. Apply sterilized antibiotic ointment with a clean, sterilized cotton-tipped applicator in the morning and at night to the pigmented area. If discharge emits from the area, wipe it off with sterilized cotton, clean and dry it and then reapply antibiotic ointment.
- To prevent fading or loss of color: Stay away from excessive steam (e.g., steam baths, facials) and heat (e.g., sun, hot liquids).

For at least one week:

- Do not drink excessive amounts of water, which may cause additional swelling, before bedtime.
- Do not eat salty foods which can cause fluid retention and worsen swelling.

For at least four weeks:

- Do not use any cosmetics on the procedure area.
- Keep your fingers, hair, and accessories away from the pigmented area. (Germs maybe transmitted to the newly treated area and cause infection.)
- Do not peel protective scab that forms on area or perform activities that will cause excessive sweating, which may cause the scab to leave scar.

What you should expect

- Swelling: Your skin's reaction will depend on how sensitive your skin is and on your health condition. A good indication of how your skin will react to permanent makeup is to compare it with what your skin normally looks like after you receive a shot, a bug bite, a hit or cut, or have skin irritation. Water retention or salt intake on the day of, or the day before, the procedure also may affect how much swelling you have.
 - After an eyeliner procedure: Eyelid may be puffy or have a “roll” where the needle was used, similar to what you have after a good cry.
 - After an eyebrow procedure: The eyebrow and surrounding area will feel very tight and have a heavy feeling, or you may experience a slight headache.
- Healing: It is normal for approximately 25% to 50% of the pigment to slough off during the first 10 to 20 days of the healing process. Although the area will appear to be healed, it will not be fully healed for four to six weeks. Continue to use aftercare products to keep area consistently moist until you are completely healed.

Advice/Cautions

Excessive Swelling: Although rare, excessive swelling or an allergic reaction may occur. If excessive swelling occurs, you should consult your doctor. If an allergic reaction causes difficulty breathing and/or swallowing, call 911 or go to the emergency room immediately!